Ingredients\n

Fresh large pumpkin\n

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Instructions\n

Start by cutting pumpkin in half.\n

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Scoop out the seeds and membranes. \n

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Preheat oven to 350 degrees Fahrenheit. \n

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Set timer for 30 minutes. \n

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Once timer goes off turn oven off let pumpkin sit in oven.\n

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Let pumpkin soak up residual heat until its cool in order to finish cooking. \n

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Unless you are in a hurry you can cook for 45 mins instead. \n

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